

## **History and Systems in Psychology Psych 713**

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Dept. Of Graduate Psychology  
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Thursdays 7:20-10:00  
Summer I/II 2009

### **Course Description:**

This course will review the history of clinical psychology and how psychology as a profession developed its identity. The course will review the history of Ph.D. and Psy.D. models as well as changes in practice climate, origins and development of contemporary issues in practice such as managed care, information technology, career paths in psychology, and the future of the profession. Special emphasis will also be given to diversity issues in the development of clinical and professional psychology.

### **Course Objectives:**

1. Review the historical and cultural development of professional psychology.
2. Become familiar with the history and development of Ph.D. and Psy.D. training programs in psychology.
3. Review the effects of human and cultural diversity on service delivery in professional psychology.
4. Examine the effects of changes in practice climate over time including the effects of managed health care and information technology.
5. Identify current and emerging trends in professional practice.
6. Become familiar with the various career paths open to psychology practitioners.

### **Grading:**

- Reflection Journal: 20%. Students will complete six reflection journals throughout the course. Each entry should be approximately one to two pages in length and should demonstrate your reactions and reflections stimulated by course readings, class discussions, and professional experiences. The goal in these entries is to integrate material from the historical and cultural foundations of clinical psychology with your own development as a clinician and psychologist. Journal will be reviewed by the instructor regularly throughout the course.
- Paper: 40%. Students will prepare a literature review on a topic relevant to the history of clinical psychology. A listing of possible paper topics is provided in the appendix, however, students are invited to write on other topics that may be of interest to them. Topics should be submitted via e-mail to the professor for approval. The paper should be 8-10 pages,

double spaced, APA format with at least 8 references. Topics are due on class 4 (). I will suggest references as needed. (See Appendix I).

- **Final Exam:** 40%. The final exam will consist of short essay and/or multiple choice items based on material in the readings and class lectures.

A	94-100	C	75-78
A-	91-93	C-	71-74
B+	88-90	D+	68-70
B	85-87	D	65-67
B-	82-84	F	64 and below
C+	79-81		

**Policies:** Class attendance is mandatory, however, should emergencies or other unexpected events arise, students must contact the instructor. More than two absences except in emergencies and cleared by the instructor may result in the student being asked to withdraw from the class. Papers or other assignments turned in late without exemption from the instructor will result in a deduction of four points per day beyond the due date.

**Disability Statement:** Students with a documented disability (learning, physical, psychological), who are requesting reasonable academic accommodations, must contact the Assistant Dean of the College of Graduate Studies, Room 1, Terrace Loyola, 610-657-4400 x3220. The disabilities policy can be found in the Graduate Catalog.

**Texts:**

Benjamin, L., and Baker, D., (2004). From Séance to Science: A history of the profession of psychology in America. Belmont: CA. Waddsworth.

Cushman, P. , (1995). Constructing the Self, Constructing America: A Cultural History of Psychotherapy. Da Capo Press.

**Supplemental Readings:** (Most are available on Angel or through EBSCO)

Baker, D.B., & Benjamin, L.T. (2000). The affirmation of the scientist-practitioner: A look back at Boulder. American Psychologist. 55, 241-247.

Deleon, P.H., VandenBos, G.R., & Bulatao, E.Q. (1991). Managed mental health care: A history of the federal policy initiative. Professional Psychology: Research and Practice. 22, 15-25.

Kahn, E., & Rachman, A., (2000). Carl Rogers and Heinz Kohut: A historical perspective. Psychoanalytic Psychology. 17(2), 294-312.

- Lavoie, K., & Barone, S., (2006). Prescription privileges for psychologists: A comprehensive review and critical analysis of current issues and controversies. CNS Drugs. 20(1), 51-66.
- Macmillan, M., (2000). Nineteenth century inhibitory theories of thinking: Bain, Ferrier, Freud (and Phineas Gage). History of Psychology. 3 (3), 187-217.
- Mahrer, A., (2000). Philosophy of science and the foundations of psychotherapy. American Psychologist. 55(10), 1117-1125.
- Martin, J., & Sugarman, J., (2000). Between the modern and postmodern: The possibility of self and progressive understanding in psychology. American Psychologist. 55(4), 397-406.
- Nye, R., (2003). The evolution of the concept of medicalization in the late twentieth century. Journal of the History of the Behavioral Sciences 39(2), 115-129.
- Peterson, R.L., Peterson, D. R., Abrahms, J.C., & Stricker, G. (1997). The national council of schools and programs of professional psychology educational model. Professional Psychology: Research and Practice. 28 (4), 373-386.
- Routh, D. (2000). Clinical psychology Training: A history of ideas and practices prior to 1946. American Psychologist. 55(2), 236-241.
- Schmit, D., (2005). Re-Visioning antebellum American psychology: The dissemination of mesmerism, 1836-1854. History of Psychology. 8(4), 403-434.
- Starks, L., & Braslow, J., (2005). The making of contemporary American psychiatry, Part I: Patients, treatments, and therapeutic rationales before and after World War II. History of Psychology. 8(2), 179-793.
- Taylor, E., (2000). Psychotherapeutics and the problematic origins of clinical psychology in America. American Psychologist. 55(9), 1029-1033.
- Tolpin, M., (2004). In search of a theory: Freud, Dora, and women analysts. Annual of Psychoanalysis. 32, 169-184.

Date	Topics	Readings
5/21 Class 1	Introduction to course, personal introductions, expectations, goals; Introduction the history of psychology and methods of inquiry, Academic writing, Historiography, Cushman's model	-----
5/28 Class 2	Socio-cultural Roots of Psychotherapy <ul style="list-style-type: none"> <li>• Moral roots of psychotherapy</li> <li>• Selves, Illnesses, Healers, Technologies</li> <li>• The self in America</li> </ul>	Cushman Ch. 1: <i>Psychotherapy, the Impossible Bridge</i> Ch. 2: <i>Selves, Illnesses, Healers, Technologies</i> Ch. 3: <i>The Self in America</i>
6/4 Class 3	Psychology's attempts to address the self <ul style="list-style-type: none"> <li>• Self-domination</li> <li>• Self liberation</li> <li>• Psychoanalysis</li> </ul>	Cushman Ch. 4: <i>Healing Through Self-Domination</i> Ch. 5: <i>Healing Through Self-Liberation</i> Ch. 6: <i>Strange Bedfellows</i> Ch. 7: <i>The Road not Taken</i>
6/11 Class 4	Psychotherapy and morality <ul style="list-style-type: none"> <li>• Self-liberation through consumerism</li> <li>• Psychotherapy as a moral discourse</li> <li>• Politics of self</li> </ul>	Cushman Ch. 8: <i>Self-Liberation Through Consumerism</i> Ch. 9: <i>Psychotherapy as Moral Discourse</i> Ch.10: <i>The politics of Self</i>
6/18 Class 5	Historical roots of Psychology <ul style="list-style-type: none"> <li>• Phrenology</li> <li>• Mesmerism</li> <li>• "New Psychology"</li> </ul>	Benjamin & Baker Ch.1: <i>The Beginnings of Psychological Practice</i>  Mahrer (2000) Schmidt (2005)
6/25 Class 6	Emergence of Clinical Psychology <ul style="list-style-type: none"> <li>• Asylums</li> <li>• Early IQ Testing</li> <li>• Witmer's Clinic</li> <li>• World Wars</li> </ul>	Benjamin & Baker Ch.2: <i>Clinical Psychology</i>  Martin (2000)

7/2 Class 7	Emergence of Clinical Psychology Cont. <ul style="list-style-type: none"> <li>• Assessment</li> <li>• Development of Theoretical Models</li> <li>• Licensure</li> <li>• Psy.D. and Ph.D.</li> </ul>	Benjamin & Baker Ch.2 (Cont.)  Starks (2005) Taylor (2000)
7/9 Class 8	Development of School Psychology <ul style="list-style-type: none"> <li>• G. Stanley Hall and Child Development</li> <li>• Terman and Gifted Education</li> <li>• Professional Identity</li> </ul>	Benjamin & Baker Ch.3: <i>School Psychology</i>  Brooks-Gunn (2006)
7/16 Class 9	Evolution of Industrial-Organizational Psychology <ul style="list-style-type: none"> <li>• Workplace Psychology</li> <li>• Assessment and Consultation</li> <li>• Psychology and Business</li> <li>• Hawthorne Studies</li> <li>• Kurt Lewin</li> </ul>	Benjamin & Baker Ch.4: <i>Industrial-Organizational Psychology</i>  Kahn (2000)
7/23 Class 10	Development of Counseling Psychology <ul style="list-style-type: none"> <li>• Guidance Movement</li> <li>• Frank Parsons</li> <li>• Boulder and Vail</li> <li>• Professional Identities</li> </ul>	Benjamin & Baker Ch.5: <i>Counseling Psychology</i>  Kahn (2000) Baker et al (2000) Peterson (1997)
7/30 Class 11	<b>Final Exam Due</b> Contemporary Developments in Psychology, <ul style="list-style-type: none"> <li>• Practice issues and changes in the Healthcare economy</li> <li>• Psychotherapy Research</li> <li>• Psychotherapy outcomes</li> <li>• Diversity &amp; Ethnicity</li> </ul>	Benjamin & Baker Ch.6: <i>The Psychological Profession in the 21<sup>st</sup> Century</i>  (Lavoie & Barone, 2006)
8/6 Class 12	Future Directions and Emerging Trends in Psychology Discussion of Papers	Fox & Sammons (1998)

Sample Paper Topics:

- Classical (Greek/Roman) approaches to Mental Health and Madness
  - Origins and development of a specific disorder or group of disorders (schizophrenia, bipolar disorder etc).
  - History of alcoholics anonymous.
  - Integration of Eastern philosophies with Western psychotherapy
  - History of managed mental healthcare
  - Origins of clinical neuropsychology (World Wars, Phineas Gage)
  - Psychoanalysis and the psychologists: Early and ongoing relationships
  - G. Stanley Hall and the child study movement
  - James McKeen Cattell and the first mental tests
  - History of vocational assessment and guidance
  - Hugo Münsterberg and early industrial psychology
  - Clifford Beers and the mental hygiene movement
  - History of women in applied psychology
  - Lillian Gilbreth and the psychology of scientific management
  - Henry Goddard and the Vineland Training School
  - Henry Murray, Christiana Morgan, and the history of the TAT
  - History and use of the Rorschach Inkblot Test
  - History of child assessment
  - Carl Rogers and the emergence of client-centered therapy
  - History of behavior modification and behavior therapy
  - History of mental retardation
  - Mamie Phipps Clark and the Northside Center
  - Origins and history of the Head Start program
  - David Wechsler and the assessment of intelligence
  - David Shakow and the training of clinical psychologists
  - Psychology and the Community Mental Health Movement
  - History of professional psychology in Canada
  - History of the Vail model and the emergence of Psy.D. training
  - History of group psychotherapy
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- Lavoie, K. L., & Barone, S. (2006). Prescription Privileges for Psychologists: A Comprehensive Review and Critical Analysis of Current Issues and Controversies. *CNS Drugs*, 20(1), 51-66.

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